**Healthy Homes Competition**

**Healthy Child Uganda**

July 19, 2013

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**OBJECTIVE**

The HCU Healthy Homes Competition aims to promote hygiene and sanitation, the improvement of living conditions at the household level, and raise awareness about measures that can save the lives of children under the age of five.

**COMPONENTS**

The HCU Healthy Homes Competition will be comprised of 3 components of evaluation.

1. Model Homes
2. Model Village
3. Model VHT

 **MODEL HOMES PARTICIPANTS QUALIFICATION CRITERIA**

* Is willing to participate
* Should be a moderate home that is composed of local materials if possible
* Must have at least one child under five years of age
* Must not be a VHT’s home
* Should be willing to work on recommended improvements

**MODEL VHT PARTICIPANTS QUALIFICATION CRITERIA**

* Is willing to participate
* Attended at least 5 of the last 6 monthly meetings
* Has contributed to the last 6 reports from the village
* Has supported IGAs in the community

**COMPETITION TIMELINE**

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| **HCU Healthy Homes Competition Timeline** |
| Beginning of August | Phase 1 | Sensitization of VHT Catalysts and VHTs |
| Mid August | Phase 1 | Sensitization of communities |
| Mid September | Phase 2 | Selection of judges |
| Mid September  | Phase 2 | Selection of households |
| Mid October | Phase 3 | Assessment of model homes (village level) |
| End of October | Phase 4 | Assessment of model village |
| Beginning of November | Phase 5 | Assessment of model homes (parish level) |
| Mid November | Phase 6 | Assessment of model VHTs |
| End of November | Phase 7 | Coordinating ceremonies |
| Mid December | Phase 7 | Recognition and awards ceremonies |

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| **Roles and Responsibilities for Healthy Homes Competition** |
| *Role* | *Responsibilities* |
| VHT | * Create sensitization action plan with VHT Catalysts
* Conduct community sensitization campaign
* Selection of judges with VHT Coordinators
* Selection and registration of Model Home participants
* Inform participants of Healthy Homes Indicators
* Submit completed forms to VHT Catalysts
* Provide feedback to participants
* Invite guests to recognition and awards ceremonies
* Conduct further health education at recognition and awards ceremonies
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| VHT Catalyst | * Introduce competition to VHTs
* Create sensitization action plan with VHTs
* Keep all forms
* Selection of Model Village with VHT Coordinators
* Selection of Model VHT participants with VHT Coordinators
* Inform participants of Competition results
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| VHT Coordinator | * Attend VHT Catalyst Orientation Day
* Observation and documentation of Competition
* Support VHTs in selection of judges
* Support VHT Catalyst with Selection of Model Village
* Selection of Model VHT participants with VHT Catalysts
* Coordinate and schedule recognition and awards ceremonies
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| Area Trainer | * Give out prizes and thanks at recognition and awards ceremonies
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**CONDUCTING THE COMPETITION**

Phase 1: Sensitization Campaign

1. The VHT Coordinators will be responsible for observing and documenting the competition in its entirety. At this point, a Healthy Homes Competition Documentation form is to be distributed to the VHT Coordinators who will use the form throughout to record their observations.
2. Introduce the Healthy Home Competition and its guidelines during the VHT Catalysts training in mid July. The VHT Coordinators should also be in attendance for any training on the Competition.
3. VHT Catalysts in turn introduce the competition and guidelines to the VHTs. Together, the VHT Catalysts and VHTs create an action plan on how to proceed and sensitize the communities, such as promotion of the competition during home visits.
4. VHTs will sensitize their communities about the Healthy Home Competition and its guidelines and encourage community members to participate. At this time, all households will be encouraged to improve their homes in order to try and be selected as a participant.

Phase 2: Selection of Judges

1. The VHTs, guided by their VHT Coordinators, decide who will proceed to make the assessments during the competition as judges. It may be beneficial for all the VHTs to decide to participate in the judging and move together as a team but this is just an option. Another option may to select a few VHTs from each parish to be judges. It is up to the VHTs and VHT Coordinators to make their decisions based on what they feel would be most appropriate. (VHT Judges will not be able to compete as Model VHT participants).

Phase 2: Selection of Households

1. Qualified households (see Model Homes Participants Qualification Criteria, p.1) that are interested in participating in the competition can all be considered but only 5 households from each village will be selected to participate. If it occurs that a village has more than 5 qualified households, VHTs will randomly select 5 homes to participate in the competition. The names of the viable households can be written down on small pieces of paper, which will then be placed into a bag. At random, 5 pieces of paper can be selected and the names selected will be the participants for that village.
2. After the 5 households from each village have been selected, the VHTs will register these households in the competition by writing down the names of the households on a Model Homes Participants form. One form will be provided for each village.
3. The selected homes will be notified of their selection to participate in the competition. The VHTs should also inform the participants about what the Healthy Home indicators are so that they can improve their homes.
4. The VHTs will submit the completed form with the names of the 5 households to the VHT Catalysts. The VHT Catalysts will be responsible for keeping the all forms for the duration of the competition.

Phase 3: Assessment of the Homes (Village Level)

1. VHT Judges make appointments to visit each selected households in order to assess the home. These visits will also be opportunities to promote further health education. The VHT judges will use the Healthy Homes Indicators checklist in order to assign points to each household they assess.
2. The VHT Judges compile the results and then for each village, select the household with the highest total points to be the winner of that village.
3. The VHT Judges submit their results to the VHT Catalysts.

Phase 4: Model Village

1. The VHT Catalysts and the VHT Coordinators will select the Model Village together. The selection will be based on evaluation of the 5 households for each village that were selected in Phase 2. Totaling the scores for the 5 households of each village using the results from Phase 3, a score for each village will be determined.
2. The village with the best total score will be selected as the winner for each parish.

Phase 5: Assessment of the Homes (Parish Level)

1. The winning home of each village from Phase 3 will then be in competition with the other winning homes from other villages at the parish level. The winning households will be given feedback by the VHTs on how well they were scored at the village level and how they can now improve. They will be encouraged to further improve their homes for this next level of competition.
2. The VHT judges will use the Healthy Homes Indicators checklist in order to assign points to each household they assess.
3. At the end of the exercise, the VHT Judges compile the results and then for each parish, the 6 homes with the highest total points will be selected as winners. The winners for each parish will be ranked from 1st to 6th place. The results will be submitted to the VHT Catalysts.

Phase 6: Assessment of VHTs

1. The Model VHT participants will be judged on one aspect their positive impact on their community – their influence on surrounding homes. A maximum of 10 Model VHT participants are allowed per parish. If there are more than 10 qualified candidates (see Model VHT Participants Qualification Criteria, p. 1), then the VHT Catalysts and VHT Coordinators will randomly select 10 to participate in the competition. The names of the viable candidates can be written down on small pieces of paper, which will then be placed into a bag. At random, 10 pieces of paper can be selected and the names selected will be the participants for that village
2. If one of the Model VHT participants is also a judge, they will not be able to act as a judge for this phase of the competition. Another VHT should be selected to take place of each judge that is exempt from this phase.
3. The VHT Catalysts will inform the qualified VHT participants that their own homes plus 2 out of 5 of their neighboring homes will be assessed. As such, the VHT participants should conduct some further education on home hygiene and encourage all 5 neighboring households to improve their homes.
4. The judges will register the Model VHT Participants by writing down their names on a Model VHT Participants form. One form will be provided to each parish and completed forms will be submitted to the VHT Catalysts.
5. On the days of judging, the judges will assess the homes of the VHT participants and, choosing randomly, 2 out of the participants’ 5 neighbouring homes. The judges will use the Healthy Homes Indicators checklist in order to assign points to each home they assess.
6. The judges will compile the results and the VHT with the highest overall score, which includes the points won for their own home and their 2 neighbouring homes, will be selected as the winner. There will be one Model VHT winner per parish and the results will be submitted to the VHT Catalysts.

Phase 7: Recognition and Awards Ceremonies

1. The VHT Catalysts will inform fellow VHTs on the results of all 3 components of the competition.
2. Each parish will decide upon their choice of dates during the end of October to the beginning of November on which they want to conduct their recognition and awards ceremony. Each parish should select at least 3 dates so that every parish’s preferences can be accommodated for.
3. The VHT Coordinators will coordinate a schedule, which will accommodate the selected dates for the various ceremonies. The finalized schedule will be distributed to the VHTs.
4. The VHTs will inform their community members, local council leaders, opinion leaders, religious leaders, Area Trainers, and any guests of honor of the date for their parish’s ceremony and invite them to attend.
5. At the ceremonies, VHTs will be encouraged to conduct some further health education on home hygiene at the ceremonies.
6. Area Trainers will give out the prizes, thank everyone for participating and encourage everyone to try and participate next year.

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| **Model Home Participants** |
| Village Name: |
| 1. |  |
| 2. |  |
| 3. |  |
| 4. |  |
| 5. |  |

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| **Model VHT Participants** |
| Parish Name: |
| 1. |  |
| 2. |  |
| 3. |  |
| 4. |  |
| 5. |  |
| 6. |  |
| 7. |  |
| 8. |  |
| 9. |  |
| 10. |  |

**HEALTHY HOMES INDICATORS CHECKLIST**

Each indicator is to be assigned points from 0 to 5:

5 = Exemplary

4 = Very Good

3 = Good

2 = Fair

1 = Poor

0 = Not existing

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|  | **Name of Village:** |
| **Indicator** | **1.** | **2.** | **3.** | **4.** | **5.** |
| Well-ventilated kitchen |  |  |  |  |  |
| Energy saving stove |  |  |  |  |  |
| Kitchen rack |  |  |  |  |  |
| Firewood place (obugamba)  |  |  |  |  |  |
| No accumulated ash at firewood place |  |  |  |  |  |
| Drying rack with proper drainage |  |  |  |  |  |
| Compost pit |  |  |  |  |  |
| Urinal place with proper drainage |  |  |  |  |  |
| Drying lines |  |  |  |  |  |
| Latrine has a cover and a door/something similar |  |  |  |  |  |
| Latrine is clean with a finished floor |  |  |  |  |  |
| Latrine is not leaking and no bushes around |  |  |  |  |  |
| Latrine is at least 30 meters away from living house, kitchen |  |  |  |  |  |
| Hand-washing facility/tippy tap |  |  |  |  |  |
| Finished living house that is smoothened and well-ventilated |  |  |  |  |  |
| Mosquito nets |  |  |  |  |  |
| Bath shelter with stepping stones |  |  |  |  |  |
| Cleared foot path |  |  |  |  |  |
| Vegetable garden |  |  |  |  |  |
| Fruits |  |  |  |  |  |
| Boiled and safely stored drinking water |  |  |  |  |  |
| Children are immunized or undergoing immunization (check immunization card) |  |  |  |  |  |
| **Total Points:** |  |  |  |  |  |

**Healthy Homes Competition Documentation**

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| Parish Name: |
| **Phase** | **How well were guidelines followed** | **Issues that occurred/****What could be improved** | **What went well/****Lessons Learned** |
| 1 |  |  |  |
| 2 |  |  |  |
| 3 |  |  |  |
| 4 |  |  |  |
| Parish Name: |
| **Phase** | **How well were guidelines followed** | **Issues that occurred/****What could be improved** | **What went well/****Lessons Learned** |
| 5 |  |  |  |
| 6 |  |  |  |
| 7 |  |  |  |

**HCU 2013 Healthy Homes Prizes**

Prizes for the Model Homes (Parish Level)

* 1st Place: Certificate for 1st place & badge
* 2nd Place: Certificate for 2nd place & soap
* 3rd Place: Certificate for 3rd place & soap
* 4th Place: Certificate for 4th place & soap
* 5th Place: Certificate for 5th place & soap
* 6th Place: Certificate for 6th place & soap

Prize for Model VHT

* Certificate of Recognition & ‘Model VHT’ T-shirt

Prize for Model Village

* Framed Certificate of Recognition